



Alcohol Addiction Treatment Center

Reach out to our team to begin
your recovery journey

Contact us at 717.744.0756

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Pennsylvania Alcoholism Treatment Program Philosophy

Alcoholism is not the only reason for entering alcohol rehab. You may also need help to recover from non-addicted alcohol abuse.

Furthermore, the two conditions are so intertwined that they form part of the same illness: alcohol use disorder or AUD. At Arkview Recovery, we develop treatment programs to treat the whole self and help empower you to achieve lasting recovery. Many of our treatment plans incorporate [addiction treatment programs](#) and [behavioral therapy](#) to promote ongoing healing.

No other addictive substance is as widely used as alcohol. As a result, most drinkers don't develop significant problems. Still, millions of Americans develop serious symptoms of alcohol abuse or addiction. If you suffer from a drinking-related problem, you need a quality substance abuse treatment program. That is by far the safest, most dependable way to recover from your condition.

Treatment for alcohol abuse and alcoholism takes place in alcohol rehab programs. You'll find such programs across the country. Our premier alcohol rehab center in Pennsylvania can be found at the capital city of Harrisburg. We offer customized plans for residents throughout the state.

If you or a loved one needs substance abuse treatment, learn more by calling the specialists at Arkview Recovery at [717.744.0756](tel:717.744.0756).

Treatment For Alcohol Withdrawal

An alcoholism treatment program begins with help to halt your alcohol use. This help is given in [detox or detoxification](#). Detox is necessary because of the withdrawal symptoms that occur when addicted people stop drinking.

At the very least, withdrawal is an unpleasant experience. At its absolute worst, it can produce life-threatening health problems.

In supervised detox, trained professionals support you during withdrawal. Regardless of the symptoms you experience, their care helps keep you safe. It also helps limit the impact of your symptoms as much as possible. Detox ends when withdrawal subsides. At this point, you can continue to active alcohol rehab.

Who Could Use Rehab For Alcoholism?

Rehab for alcoholism is not limited to a specific demographic or group; it is for anyone who finds themselves struggling with an alcohol use disorder (AUD). AUD is a medical condition characterized by a pattern of alcohol use that involves problems controlling drinking, being preoccupied with alcohol, continuing to use alcohol even when it causes problems, having to drink more to get the same effect, or experiencing withdrawal symptoms when rapidly decreasing or stopping alcohol. These problems can disrupt your life, affecting your health, personal relationships, and ability to work.

Dangers of Alcohol AND Need for Detox

Chronic, heavy alcohol use can lead to numerous serious health problems, including liver disease, heart disease, digestive issues, respiratory problems, cancer, weakened immune system, and brain damage.



In 2019, an estimated 14.1 million adults in the United States had an alcohol use disorder.



Alcohol withdrawal can be dangerous and potentially life-threatening, with symptoms including seizures, hallucinations, and severe confusion, which is why medical supervision during detox is crucial for safety.



Alcohol use disorder, encompassing alcohol abuse and addiction, is a serious condition that results in dangerous health side-effects and conditions, including death. It's a common disorder, with millions of adults experiencing it every year. It's crucial to seek out an alcohol addiction treatment program because of the dangers of withdrawal from alcohol alone.

“Beautiful facility. The therapy and support staff helped me work through challenges and build a plan for recovery. Arkview offers a lot of structure, this helped me create new healthy habits. Arkview was life-changing. Highly recommended.”

– Angela J

Signs Of Alcohol Use Disorder

Identifying alcohol use disorder early can be critical to effective treatment and recovery. Some key signs that you or a loved one may be struggling with alcohol use disorder include:

Increasing Alcohol Consumption

A noticeable increase in the amount of alcohol you consume or a pattern of daily or almost daily drinking might be a sign of a developing problem.

Neglecting Responsibilities

If drinking is causing you to neglect your responsibilities at home, work, or school, it could be a sign of alcohol use disorder.

Cravings

Regular, strong cravings for alcohol or an inability to stop drinking once you've started could be indicative of an alcohol use disorder.

Withdrawal Symptoms

Experiencing withdrawal symptoms like shaking, sweating, or nausea when you haven't had a drink could point to physical dependence and alcoholism.

Continued Use Despite Negative Consequences

If you're continuing to drink despite it causing relationship problems, health issues, or other negative impacts on your life, this is a major red flag.

If any of these signs resonate with you, please know help is available. Our alcoholism treatment program at Arkview Recovery is designed to assist you every step of the way, from detoxification to ongoing support.

Medication For Alcohol Rehab

Medication is a standard option in an alcoholism treatment program. It promotes sobriety by helping you:

- Overcome any lingering symptoms of alcohol withdrawal

- Keep your alcohol cravings within a tolerable range
- Perceive drinking as less pleasurable or unappealing

Three medications are approved for use: acamprosate, disulfiram, and naltrexone. Each of these options supports you in its own way. For this reason, you may receive more than one of them. Be aware that medication works for most people but not everyone.



Some medications you may see used in rehab for alcoholism include:

- Antidepressants
- Anti-anxiety meds
- Anti-seizure medications

In most cases, these medications are used to treat underlying [mental health disorders](#) that may contribute to alcohol abuse or addiction. It's essential to address any co-occurring conditions to recover from alcoholism and maintain lasting sobriety fully.

Therapy For Alcohol Rehab

Many kinds of therapy are used in alcoholism treatment programs. That's true because treatments of this type provide a range of benefits. The suitable therapies can:

- Reinforce your desire to quit drinking for good
- Help you set manageable, realistic sobriety goals
- Address issues in your relationship or family that support problem drinking
- Make it possible for you to change how you think and feel about alcohol
- Show you how to adopt healthy behaviors that promote sobriety

Therapy also gets you ready to participate in a self-help group. Some therapy types you can expect in an alcoholism treatment program include:

- [Cognitive-behavioral therapy](#), which helps you understand how your thoughts and actions lead to drinking
- Motivational enhancement

therapy, which promotes a desire to change problem drinking behaviors

- [Family behavior therapy](#), which involves loved ones in the recovery process

Couples counseling is an option for those in committed relationships.

Types Of Alcoholism Treatment Programs

You may only need medication in alcohol rehab. Conversely, you may only need therapy. But for many people, the combination of medication and therapy works best. These facts explain why effective treatment plans are individualized.

At Arkview Recovery, we offer a comprehensive range of alcoholism treatment programs to cater to the unique needs of each person. Our programs are designed to promote healing and recovery at every stage of your journey. Here are some of the leading programs we offer:



Inpatient Rehab

This alcoholism treatment program involves the patient staying at our facility for the duration of the treatment. It allows for intensive care and supervision, ensuring a safe and supportive environment for recovery.

Outpatient Rehab

For those who have obligations that prevent them from staying at our facility, our outpatient alcoholism treatment program allows for treatment while living at home. This program includes regular therapy sessions and support meetings.

Partial Hospitalization Program (PHP)

This is a more intensive form of outpatient treatment, providing a higher level of care while allowing the patient to return home at the end of the day.

Intensive Outpatient Program (IOP)

Less intensive than PHP, the IOP allows for continued treatment and support while reintegrating into daily life.

Aftercare And Sober Living

Following the successful completion of one of our rehab programs, we offer aftercare and sober living options to continue supporting your recovery journey.

Embark on your journey to recovery at Arkview Recovery Center today, and let us guide you on the path to a healthier, alcohol-free life.



“I spent 6 weeks at Arkview Recovery Center in 2023. My experience there was the turning point in my effort to attain sobriety. The staff was caring and genuine, and the fellowship among the residents inspired me to help others struggling with addiction. I would strongly recommend it to anyone considering inpatient rehab services.”

– Benjamin P

Immerse Yourself In Treatment At Arkview Recovery’s Alcohol Addiction Treatment Center

If you are looking for [alcohol residential rehab centers](#) in Pennsylvania, Arkview Recovery is ready to assist you. Every day, we provide residents throughout the state with state-of-the-art medication and therapy. Whether you have alcohol use disorder or non-addicted abuse, our customized approach is adaptable to your needs. That’s true even if you have deep, longstanding alcohol problems. For more information, complete our online form or contact us at [717.744.0756](tel:717.744.0756).





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