



# Family Foundations at Arkview

Every Wednesday 7:30pm - 8:30pm

**Are you or a loved one affected by substance use or alcohol use disorder?**

**Family Foundations at Arkview is a clinician-led Family Support Group designed to give you the tools to support yourself and your loved ones through addiction and recovery.**

**Some benefits our group offers:**

- **A Safe Place:** Share your experience and connect in a confidential, non-judgmental setting.
- **Expert Guidance:** Our experienced clinicians will offer knowledge and guidance to help you navigate the complexities of addiction.
- **Emotional Support:** Find comfort and understanding with families who share your struggles.
- **Practical Skills:** Discover effective communication techniques, coping strategies, and problem-solving skills to help you better support your loved one.
- **Celebrate Progress:** Celebrate progress with others along the way as you work toward a stronger and healthier family dynamic.
- **Community Support:** Learn about the resources in our community for continuing education. Lean on your support for guidance in times of need.

**Take the first step toward empowering your family's future. Join Family Foundations at Arkview today and embark on the path to healing, understanding, and resilience.**

4950 Wilson Lane Mechanicsburg, PA 17055

Outpatient Entrance - Rear Parking Lot

[www.arkviewrecovery.com](http://www.arkviewrecovery.com) | 717.500.1111